



YOGA PRACTITIONER'S ASSOCIATION OF INDIA(R),MANGALORE

Organizes

NATIONAL SEMINAR ON YOGA AND HEALTH

in collaboration with

**INSTITUTE OF CHARTERED ACCOUNTANTS OF INDIA(R),
MANGALORE**

On 29th April 2018

Venue: Institute of Chartered Accountants of India, ICAI Bhawan, Padil, Mangalore.

President:

Dr. K Krishna Bhat
Mangalore

Vice President:

Dr. K Krishna Sharma
Mangalore

Secretary:

Dr. T Prasada H
Mangalore

Joint Secretary:

Sri Subba Reddy
Tirupati

Treasurer:

Dr Annapoorna K
Udupi

Executive Committee

Members:

Dr. Udayakumara K
Mangalore

Dr. A Ganesh Bhat
Udupi

Mr. Subramanya Adiga K N
Kollur

Mrs Vidyashree B
Mangalore

Special Invitees:

Mr. N K Hiregoudar
Rishikesh

Sri. Rafeek Marikar
Kerala

About the Programme:

Man struggles to live for 100 years since immemorial, used various methods which include several medical treatments, Even he tried spiritual practices too. In this effort he is able to overcome most of the infective diseases, food and nutrition deficiencies, and environmental limitations. But he needs to conquer neuro-physiological diseases which originate within the mind. In this present scenario the world accepted yoga as one of the best techniques for a healthy long life which has been accepted by WHO and initiated the yoga day celebrations.

People all over the world prefer simple techniques and Yoga therapy effectively fulfils this requirement. It has become popular to practice various techniques of yoga for the betterment of life. Therefore Yoga Practitioners Association of India, **a qualified experienced young professionals of yoga thought of organising a Seminar** which has been encouraged by Institute of Chartered Accountants of India. In this seminar an effort is made to the best samples to the public and to know each other the technique of application for the profession.

The one day National Seminar on Yoga is **on 29th April 2018 at Mangalore Branch of Institute of Chartered Accountants of India, ICAI- Bhawan, Padil, Mangalore.** We invite you to the National Seminar and seek your active participation and cooperation in discovering the eternal value of Yogic Science and Yoga Therapy.

Objectives of the Seminar:

- o To spread the value based knowledge of yogic science.
- o To propagate the importance of yogic science for health.
- o To share potentialities of yoga.
- o To create public awareness about yoga therapy.
- o To discuss yoga therapy for diseases like Diabetes, Hypertension, Backache, Insomnia, Disc prolapse, Spondylitis, Constipation, Menstrual Disorders, Br Asthma, Migraine headache and so on.

Participants: Yoga experts, Yoga researchers, Health Professionals, Yoga therapists, Yoga teachers and students, patients with different health issues, citizens interested to cultivate holistic approach to life.

Call for Posters:

We invite for presentation of Posters related to the objectives of the seminar.

Last date for submission of Posters: **25-04-2018.**

The abstracts of Posters shall be sent to the e-mail: yogapractitionersassociation@gmail.com. The abstracts should include the title, author affiliations, e-mail ID and telephone number. The text should be in MS word, 12 font size, 1.5 line spacing. Please note that the Posters should not be sent in PDF format. There should be auto spacing between the paragraphs. The title of paper should be in 16 font size, bold, centre-aligned. The sub-heads, if any, should be of 12 font size, bold, left-aligned. Graphs/tables in the paper if any should be prepared in MS Office (Word/Excel) only. All citations should be end notes and not footnotes. Posters should be thoroughly spell-checked and error free.

A committee of experts will scrutinize the Posters and select them for presentation. The presenting author should be a registered delegate of the seminar. **Size of the Poster:** Height - 4' and width 3'. Presenters are to bring the posters of the said size on the day of the seminar for presentation.

Venue of the Seminar : Institute of Chartered Accountants of India, ICAI-Bhawan, Padil, Mangalore. It is ~ 1.5kms, from Mahaveer Circle (Pump well) the main junction in the City, on the national highway to BC Road.

Registration :

Registration Fee: Rs 500/- General, Rs 300/- for students, Rs 300/- for life members of the association

On the Spot: Rs 600/- General, Rs 400/- for students (Spot registration is for only limited No. of delegates)

Registration fee includes Seminar Kit, snacks, lunch and the evening tea.

Registration form duly filled in along with Registration Fee is to be sent so as to reach on or before **25-04-2018**.

- **Payment by cash or DD, NEFT**, payable to The Treasurer, Yoga Practitioners Association of India(R).

- **Online transfer details: -Yoga Practitioners Association Of India (R)**, SB A/c No. 30008702293, State Bank of India, Mangalagangothri – 574 199. IFS Code: SBIN 0008034.**Note: -** After online payment, please mail a copy of the receipt to yogapractitionersassociation@gmail.com for registration. Please mention the transaction ID of the online payment.

Expected Speakers:

- ❖ Dr K Krishna Bhat, Director, Bhat's International Institute of Holistic Health, Mangalore
- ❖ Dr Anupama Karanth, Ophthalmologist, Mangalore
- ❖ Dr Chakrapani, KMC Hospital, Mangalore.
- ❖ Dr Ganapathi Joisa H, Former HOD, Dept. of Yoga, KMC, Manipal
- ❖ Dr K Krishna Sharma, Professor and Chairman, Dept. of HC and Yogic Sciences, Mangalore University
- ❖ Dr Annapoorna K, HOD, Dept. of Yoga, KMC, Manipal-
- ❖ Dr Shashikanth Jain, Asst. Professor and Yoga Director, Shantivana Hospital, Dharmastala
- ❖ Dr A Ganesha Bhat, Yogadhama, Udupi.
- ❖ Dr Vidya Sharada Bhat, A J Hospital, Mangalore.
- ❖ Mrs Vidyashree B, Yoga Therapist, Yenepoya Hospital, Mangalore
- ❖ Mr Govardhana Reddy, Dept. of Yoga, KMC, Manipal-
- ❖ Dr Lavya Shetty, Dept. Of Yoga, KMC, Manipal
- ❖ Dr Thirumaleshwara Prasada H, Dept. Of Human Consciousness and Yogic Sciences, Mangalore University
- ❖ Dr Udayakumara K, Dept. Of Human Consciousness and Yogic Sciences, Mangalore University
- ❖ Dr K Ganesh Bhat, Yoga Vidya Centre, Mangalore
- ❖ Mr R Subba Reddy, Tirupati
- ❖ Ms Deepa S, Yoga Therapist, Bhat's International Institute of Holistic Health, Mangalore.

*We once again heartily invite you for the
National Seminar.*



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REGISTRATION FORM

NAME: DR/MR/MS/MRS.....

OCCUPATION :

ADDRESS :

.....

.....

CONTACT NO:.....

EMAIL:.....

DETAILS OF PAYMENT OF REGISTRATION FEE: Rs:

By cash/ DD/ Cheque.....(Details).

WHETHER PRESENTING THE PAPER OR NOT: YES/NO

Contact Address :

President

Yoga Practitioner's Association of India (R.)

Bhat's Yoga Therapy Centre

Door No14-4-521/10, IInd Floor

KSA Bharath Mahal, Balmatta Road,

Mangalore-575001.

(O) : 0824-2427614

E-mail : ypai2005@yahoo.co.in

yogapractitionersassociation@gmail.com

Website: www.yogapractitionersassociationofindia.com

Secretary

Dr Thirumaleshwara Prasada H

(O) : 0824-2287435

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E-mail : tprasadah@gmail.com



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Website: www.yogapractitionersassociationofindia.com

NATIONAL SEMINAR on YOGA

29th April 2018

Programme Schedule

- 9.30am to 10.30am : Registration
- 10.00am to 11.30am : Inauguration, Felicitation.
- 11.30am to 11.45am : Tea break
- 11.45am to 1.15pm : Seminar sessions
- 1.15pm to 2.00pm : Lunch Break
- 2.00pm to 3.30pm : Seminar sessions
- 3.30pm to 3.45pm : Tea Break
- 3.45pm to 4.30pm : Valedictory.



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To, _____

From :

Yoga Practitioner's Association of India (R), Mangalore
Bhat's Yoga Therapy Centre
KSA Bharath Mahal, Balmatta Road, Mangalore-575001.